
Advance Praise for “Don’t Leave Me This Way”

“A stroke (literally) of luck helped Julia define the essence of her life. Her inspirational story can help us find ours.”

Mehmet Oz MD, author of YOU, THE OWNER’S MANUAL

“This book changed the way I practice medicine. All doctors who read this will forever have Julia in their hearts and minds when they talk with patients about serious issues.”

Gary Sobelson, MD, President, New Hampshire Medical Society

“Julia Fox Garrison’s story isn’t just about her own recovery, it’s about the best in all of us. Julia helps us access our own strengths as we read about hers.”

Carol Kauffman, Ph.D. Professor, Harvard Medical School

“What is it that makes Julia’s story a gem in a sea of others’ with life challenges? We’d have to say she has raised the bar on honesty and irreverence... to the level of sacred.”

Brenda Michaels and Rob Spears, hosts of Conscious Talk Radio

“Beginning as tragedy, and ending in triumph, Julie wills herself to triumph against the longest of odds. With irreverent humor and inspiring insights, her compelling journey back to her home will rivet you to every page.”

David Burke MD, Associate Professor, Harvard Medical School

“This book is a must read for all health care providers and their patients. The health care providers will improve their skills by being better listeners and by having more insight into how to relate to their patients and their families. Patients will get a better understanding of the pluses and pitfalls of health care delivery. They will be better able to work with their medical care providers towards getting the best outcome possible.”

Barry D. Smith, MD, Emeritus Chairman Emeritus Dartmouth Hitchcock Medical Center

“This is an important and stunning book. It is a beacon of hope for all stroke patients and can serve as a manual for patients, families and care givers. Julia Garrison’s story demonstrates the power hope and humor have in the healing process. DON’T LEAVE ME THIS WAY should be required reading for all those who are concerned with the acute care and rehabilitation of stroke patients, whether they are part of the therapeutic team, family or friends. Well-written and compelling, this book is destined to become a classic in the field.”

David J. Elpern, M.D, Editor: *Cell 2 Soul. The Journal of Humane Medicine*

“Most of us are seemingly bound by the circumstances that life imposes on us. Few are those that transcend the challenges and rise even higher because of them. Julia Fox Garrison is living proof that it matters little what happens to you-but it matters greatly how you respond to what happens. Her inner strength, fortitude and sense of humor is a blueprint for anyone who has forgotten that hope not only springs eternal, but also is available to them no matter what may come their way. She is a caretaker for the human spirit.”

John St. Augustine, talk radio host and author of *Be The Change- Commonsense Principles for Living an Uncommon Life*