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# DO'S & DON'TS FOR DOCTORS

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**L**ead  
**I**nspire  
**S**ee  
**T**rust  
**E**ncourage  
**N**urture

Lead the patients without using murky medical jargon

Inspire your patients to create their own goals

See the unique characteristics of each patient

Enable your patients to feel safe and confident

Provide positive words of hope and courage support

Treat the mind as well as the body

**Don't** try to be god

**Do** recognize that you have a gift from God

**Don't** treat your patient as a number

**Do** acknowledge that every patient is unique

**Don't** assume that drugs are always the cure

**Do** promote healthy alternatives – diet, exercise, overall well-being

**Don't** treat the symptoms only

**Do** treat the root cause

**Don't** limit the parameters of the treatment

**Do** think outside the box – acupuncture, natural, meditative

**Don't** introduce negative patient labels

**Do** provide positive feedback and encouragement

**Don't** be too busy to return calls

**Do** set expectations on when and how you will get back to your patient

**Don't** ignore a patient's intuition

**Do** put your trust in the relationship

**Don't** put limits on the outcome of recovery

**Do** suggest that improvement is ALWAYS possible

**Don't** assume that you are the superior in the relationship

**Do** accept that you are an equal partner